

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: PDC Biological Health Group Corporation (the "Issuer").

Trading Symbol: PHG

Number of Outstanding Listed Securities: 67,333,100

Date: July 15, 2016

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

The Issuer manufactures the CRT 2000 Thermographic System, which is a non-invasive, radiation-free, reproducible thermographic tool that measures the temperature of predetermined skin points and analyzes such data to provide a health care practitioner with information that may be indicative of irregular body function. The CRT 2000 Thermographic System is intended for use in preventive healthcare. The CRT 2000 Thermographic System is presently ready for sale; it has obtained the CE Safety Mark (TUV) the FDA premarket notification Class I (510(k)) and is certified as a Class II medical device by the Chinese health authority (SFDA).

In the month of May PDC continued to seek opportunities in Europe, the United States and India.

2. Provide a general overview and discussion of the activities of management.
Management has spent most of its time meeting prospective investors to generate interest in the company.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

The Issuer did not offer any new products or services during May. The Issuer is continuing the process of developing a wireless form of the sensor for the CRT 2000.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

The Issuer did not discontinue any products or services during May.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

The Issuer did not enter into any material contracts in May.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

No contracts or agreements expired or were terminated and no financing arrangements were cancelled during May.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

The Issuer did not dispose of any material assets in May.

8. Describe the acquisition of new customers or loss of customers.

There was no new acquisition or loss of customers in May.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

The issuer is researching to develop and improve the existing product. However, the performed research have not resulted in any effects on intangible products during the month of May 2016.

10. Report on any employee hiring, terminations or lay-offs with details of anticipated length of lay-offs.

There were no new employee hiring, terminations or lay-offs during May.

11. Report on any labour disputes and resolutions of those disputes if applicable.

Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

On February 20, 2014, Pacific Paragon Capital Group Ltd. and Myntek Management Services Ltd. filed a Notice of Civil Claim in the Supreme

Court of B.C. Action No. S-141297 (the “Action”) for recovery of monies allegedly advanced to the Issuer. Judgement has been passed in favour of Pacific Paragon, the two parties are exploring additional settlement options.

In June 2015, the Issuer filed a Notice of Civil Claim in the supreme court of British Columbia against, Sanum Beteiligungsgesellschaft mbH and Sanum-Kehlbeck GmbH & Co. KG as announced in its news release dated June 11, 2015, available on SEDAR at www.SEDAR.com.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

The Issuer did not incur or repay any debt during the month of May 2016 other than normal short term accounts payable additions and repayments.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾
Common shares			
Options or warrants			

(1) State aggregate proceeds and intended allocation of proceeds.

Issuer have not issued or granted any securities, options or warrants during May 2016.

15. Provide details of any loans to or by Related Persons.

The Issuer did not incur any loans to or by related persons during the month of May 2016.

16. Provide details of any changes in directors, officers or committee members.

There were no change in directors, officers or committee members during the May 2016.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer’s market(s) or political/regulatory trends.

The Issuer is monitoring the markets in United States and Europe for opportunities for the CRT2000.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated July 15th, 2016.

Simon Cheng
Name of Director or Senior
Officer

Signed "Simon Cheng"
Signature
Director
Official Capacity

<i>Issuer Details</i> Name of Issuer PDC Biological Health Group Corporation	For Month End May 2016	Date of Report YY/MM/D 2016/07/16
Issuer Address 110 – 13160 Vanier Place, Richmond, BC V6V 2J2		
City/Province/Postal Code British Columbia	Issuer Fax No. ()	Issuer Telephone No. (604) 304-6006
Contact Name Simon Cheng	Contact Position	Contact Telephone No. (604) 304-6006
Contact Email Address Simon.Cheng@biologicalhealthgroup.com	Web Site Address	